

THE PHOENIX FLYER – MAY 2023



Fred C. Cook Public School | 20 Fletcher Street, Bradford ON L3Z 1L9
Office Telephone: (905) 775 4821 | Safe Arrival - Dial 1

Website: <http://fcc.scdsb.on.ca>
Twitter: @FredCCookPS

Inclement Weather Zone: South

Principal: Greg Blakeley Vice Principal: Anne Wright SASE: Angela Bava
Superintendent: Dean Maltby Trustee: Debbie Connors

This Month's Character trait is... **RESPECT**

"We treat ourselves, others, and the environment
with consideration and dignity."

More information about Character
Education can be found here:

https://www.scdsb.on.ca/about/character_education

School Hours

Yard Supervision	8:55 AM
Entry Bell	9:10 AM
First Break	10:50-11:30 AM
Second Break	1:10-1:50 PM
Dismissal	3:30 PM

Happy Spring!

As we confidently cruise towards the end of the school year we certainly have a lot to celebrate and even more to look forward to in the coming weeks. Student leadership is alive and well at FCC as students continue to be engaged in a wide variety of activities, including but not limited to; baseball, soccer, track and field, chess, drama, music, character assemblies, to mention a few. Our Grade 8s will be going on their year end trip this week and looking forward to graduation on June 26th...high school is calling! Mrs. Wright and I want to ensure our collective feet stay on the gas pedal between now and the end of the year to ensure students are maximizing learning in and out of the classroom.

Greg Blakeley

*SAVE THE DATE: Thursday June 8th, 2023
2nd Annual Fred C. Cook Carnival*

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From the Office

To report a student absence or late arrival please call and leave a message to safe arrival at (905) 775-4821 & Press 1 prior to the start of the school day at 9:10. When a message is left after the entry bell you may receive a call in regard to your student's absence.

To minimize disruptions, we would ask that you ensure to send your child with a lunch, water bottle, snacks, and all necessary belongings each morning. Dropping off items at the school during the middle of the day will not ensure a timely delivery and there is the possibility of a mix-up.

In addition, to minimize disruptions, we ask that students arrive at school in time for the 9:10 AM bell and remain at school until dismissal at 3:30 PM with the exception being unforeseen situations and appointments.



Start time



End time

Subscribe & Follow Fred C. Cook for the latest information and updates at our school

- Our school's website <http://fcc.scdsb.on.ca/> (Click Subscribe at the top of home page to stay up to date)
- Follow us on Twitter for the latest updates and exciting events & news [@FredCCookPS](https://twitter.com/FredCCookPS)



DATES to Remember

Month of May	First week of May Education Week and Children's Menta Health Awareness Week
May 1	Music Monday and School Council Meeting in Library 6:00-7:30 pm
May 3	Family Math Night @ Fred C. Cook Public School 6:00-7:30pm
May 4	May the ECO force be with you – Youth Forum
May 5	Red Dress Day
May 10-12	Grade 8 Camping Trip
May 17	Kindergarten Orientation 9:30am
May 12, 16, 17, & 18	Juniors Art School Trip
May 22	VICTORIA DAY – NO SCHOOL
May 24 -31	EQAO Grade 3 & 6
Significant days, holy days and heritage recognition occurring this month – please see the link to: Holy Days Link Heritage Recognition Link	

THE PHOENIX FLYER – MAY 2023

Spirit-Wear

Please see the link for our newly designed **spirit-wear**.

<https://bigleaguegear.ca/collections/fred-c-cook-public-spiritwear>



Communication to families regarding inclement weather days

Please note that APM A3020 – Inclement Weather, 3.1.2 states that “parents/guardians are to be reminded, in writing at appropriate times (October and January) each school year, that it is their responsibility to decide whether or not it is safe for their child(ren) to leave for school under severe weather conditions.”



Inclement weather and bus cancellation information reminder

All information regarding cancelled buses in Simcoe County is posted on the Simcoe County Student Transportation Consortium (SCSTC)'s bus information website at www.simcoecountyschoolbus.ca. Our school is in the **South zone**. When buses are cancelled, schools remain open for student learning, unless otherwise noted. School staff are expected to plan for such emergencies in order to transition students who are unable to attend due to inclement weather, to their online platforms (Google Classroom and/or SCDSBhub [Brightspace by D2L]) and continue with academic programming. It is always a family decision whether or not it is safe for their child(ren) to leave for school under severe weather conditions.

The Consortium and bus operators try to make the decision to cancel school buses before 6 a.m. and make every effort to post announcements before 7 a.m. Inclement weather cancellations are effective for the whole day and buses cancelled in the morning will not run at the end of the day. You can follow the Consortium on Twitter [@SCSTC_SchoolBus](https://twitter.com/SCSTC_SchoolBus) for bus cancellations and other information. You can also subscribe to receive bus delay notifications here:

<https://scstc.ca/Subscriptions/Login.aspx>.



School bus transportation information available from the SCSTC

In order to receive delay and cancellation notifications, families can check the Simcoe County Student Transportation Consortium (SCSTC) website at www.simcoecountyschoolbus.ca or download the 'BusPlanner Delays' app from the Apple or Android app stores to receive delay notifications to their devices. Users would need to select Simcoe County STC as the transportation authority. The app will need to be forced closed, but you will be able to select your student(s) routes or school to receive delays.

Intermediate Girl's 3-Pitch Softball

No Parking Areas at FCC



Friendly reminder that our “Kiss and Ride Areas” are **NO PARKING ZONES**. If you require additional time and are not able to drive through, please park your vehicle in the parking lot spots. In addition, the Kiss and Ride areas will soon be designated and signed as **NO IDLING ZONES**. Idling vehicles create emissions that pollute our kindergarten yard area that are harmful to young lungs. Thank you for your cooperation in keeping our school safe and emission free.



Volunteer Tea Party - May 9th

At Fred C, we appreciate our many volunteers and the various contributions they make each and every day to our school. If you are a FCC volunteer, please join us in our library on May 9th 2:30 - 3:30. Thank you for sharing your time and talents with us. We look forward to seeing you then!

THE PHOENIX FLYER – MAY 2023

Grade 7 & 8 Leaving School Property for Lunch Privilege – 3 Strikes and You're In!

Dear Families,

To assist students in working towards their personal responsibility and respect goals, we are implementing a policy where students who are late returning from lunch will be given 3 reminders and then they will lose the privilege of having permission to leave school property for the remainder of the school year. When students are late, it interrupts the learning of themselves, their classes, and causes unnecessary impact on our school routines. This message will be shared with students and families in our future messaging this year, so everyone is aware and considerate of their responsibilities to our school community. Thank you.

Our intermediate girls are excited to get started practicing their softball skills, preparing for the 3-pitch tournament coming up in June. Practices with Mrs. Henderson and Mrs. Smith will take place during nutrition breaks with some after-school time slots.



Kindergarten registration for September 2023 is open!

Kindergarten is the beginning of a wonderful journey of learning, and we want your child to begin their journey in a SCDSB school! Do you have a child who is turning four in 2023? If so, we invite you to register your child for Kindergarten. To register online or for more information visit: www.scdsb.on.ca/kindergarten.

Kindergarten orientation sessions happening soon

Kindergarten orientation sessions will be held throughout the SCDSB in the spring of 2023. These sessions provide families the opportunity to engage with their school community as their children prepare to enter school. Learn more about these sessions and find out when your child's school is holding theirs on the Kindergarten orientation page of the SCDSB website: scdsb.on.ca/elementary/planning_for_school/kindergarten/kindergarten_orientation.



Licensed summer school age child care programs

Child care programs for children in Kindergarten to Grade 6 are provided by independent, third-party child care operators in some SCDSB schools. To support your child care needs, some operators offer child care over the summer holidays. Registration in advance is required. Please contact the child care operator directly to discuss fees and to register. More information and contact numbers can be found at scdsb.on.ca/elementary/planning_for_school/childcare_before_after.

THE PHOENIX FLYER – MAY 2023

EarlyON Child and Family Centres

The Simcoe County EarlyON Child and Family Centres have locations throughout Simcoe County. These centres offer a variety of services, including programs that help prepare children and parents/guardians for kindergarten. Programming will be offered in the spring of 2023. Check with your local EarlyON provider for dates and times. <https://linktr.ee/earlyonsimcoe>

Before and after school programs for the 2023-24 school year

Register now for before and after school programs for the 2023-24 school year. Please contact the child care operator at your child's school directly to discuss fees and to register. More information and contact numbers can be found at scdsb.on.ca/elementary/planning_for_school/childcare_before_after.

Interested in learning more about the ways that the SCDSB supports students with special education needs and their families? Join us for a virtual special education outreach series

In 2023, the Simcoe County District School Board (SCDSB) is hosting virtual special education outreach sessions to assist parents/caregivers in learning more about programs, supports and ways that we work together to support students with special education needs. The remaining sessions include:

Working with families to create safe and supportive environments for children who have experienced trauma

May 9

6:30 to 7:30 p.m.

Participants are asked to register in advance. Information to access the sessions will be shared via email with individuals who have pre-registered. Learn more about each session and how to register on the SCDSB website at scdsb.on.ca/elementary/special_education/special_education_outreach_sessions.



Elementary summer learning programs in the SCDSB

The SCDSB continues to support student achievement and well-being throughout the summer months by providing a range of elementary summer learning programs. This summer, the SCDSB is offering programs that will focus on reading (Grades 1-3), math (Grades 4-8), multilingual learners (Grades 4-8), as well as students with learning disabilities who use assistive technology at school (Grades 4-8). The programs will be delivered through both a virtual synchronous learning format and in-person, and take place from July 10 to 28 from 9 a.m. to 12 p.m. daily. In-person programs take place at Terry Fox Elementary School in Barrie.

Interested families are asked to contact their children's school principal for further details and registration information. Registration is completed through the SCDSB's public website starting Monday, May 1. Deadline to register is Friday, May 19.

Registration now open for summer eLearning!

The Simcoe County District School Board (SCDSB) is offering summer school courses in July 2023 for current high school students or adult learners who are interested in earning a new credit or upgrading a previous mark. Students can advance online learning skills, earn missed credits, or fast-track preparation for graduation or post-secondary in just four weeks. eLearning is fully supported by certified teachers who are available electronically daily.

Summer school program details can be found on the Learning Centres website at <http://thelearningcentres.com>.

THE PHOENIX FLYER – MAY 2023

Complete your diploma and get a head start on your career in healthcare in the SCDSB's PSW program!

Did you know that the SCDSB's Learning Centre offers an accredited personal support worker (PSW) program? Individuals interested in a career in healthcare can earn 7.5 credits towards their Ontario Secondary School Diploma and a PSW certificate upon completion of the program!

Applications are now open online for PSW programs beginning in September 2023 in Barrie, North Simcoe (Midland), and Orillia. To apply, visit thelearningcentres.com and watch the mandatory virtual information session video. This video includes important information about the PSW program and the application process. Applicants will also be required to complete an online PSW Literacy Assessment. Register for the assessment using the 'Assessment Registration Form'.

Registration for September 2023 closes July 7 at 12 p.m. Have questions or need more information? Contact the Learning Centres at psw@scdsb.on.ca.

Adult English as a Second Language Program

Looking to improve your English skills? Join our Adult English as a Second Language Program (ESL) classes to improve your listening and speaking skills through class discussions and presentations. Develop your English skills to advance in your current job or open the door to new employment opportunities. Learn more about your local community and explore Canadian culture and history. Adult ESL classes are offered year-round with a continuous intake.

To register for the program, please contact the Barrie Learning Centre at 705-725-8360 ext. 45151, or email ganderson@scdsb.on.ca.

**Please note all students starting ESL for the first time must be assessed prior to starting the class. Fees apply for visitors to Canada and work/study permit holders.*

Mental Health Week 2023

Join us for Mental Health Week May 1 to 7 by shining a spotlight on how mental health care can be expressed and nurtured (through self-care strategies, art, music, sport etc.). At the SCDSB we are committed to the mental health and well-being of every student and will be shining a spotlight on how mental health is supported in our school communities by sharing on social media using the hashtags #MyStory, #MentalHealthWeek, and #ShineGreen, and tagging @scdsb_mhwb, @scdsb_schools, and @SMHO_SMSO.



Reading with Sora

Sora is the SCDSB's digital ebook library which is available to all students from K-12. Each year, Sora has a collection of diverse ebooks and audiobooks (juvenile to young adult) curated into a collection called Sora Sweet Reads. From May 15 until Aug. 28, students may access these books using either the Sora app or by using the desktop version:

<https://soraapp.com/welcome/login/202712>. The best part of this collection is that each title is simultaneous use, meaning that there are unlimited copies available so there are no holds on the titles! Simply use your school Google login and password to access the library. We hope that this collection will encourage students to stay engaged in reading even when the weather gets warmer. Happy reading!

THE PHOENIX FLYER – MAY 2023

Four finger affirmations coping strategy

Well-being is a strategic priority in the Simcoe County District School Board, and our well-being department provides monthly strategies to support student and family well-being.

This month's strategy is four finger affirmations. Parents/guardians can guide their child to think positively in the face of stress or challenges by using affirmations to promote confidence, a growth mindset, self-regulation, and resiliency. To practice four finger affirmations at home, work with your child to generate four words that make them feel calm and confident. For example, "I am loved today" or "breathe, listen, smile, love." Explain that each word will match a finger on their hand. Have them say the words (affirmation) aloud or in their head and connect each finger with their thumb. Tell your child they can repeat this as many times as they like, to themselves or out loud.

Consider practicing four finger affirmations at home with your child at a time of day that will be most helpful for them. Find more easy and fun mental health activities to do at home here: <https://smho-smso.ca/online-resources/easy-and-fun-mental-health-activities-for-home/>.

Follow along on the SCDSB's Mental Health and Well-being social media accounts (@SCDSB_MHWP) to see how well-being is being supported in our schools.



Making 'cents' of financial literacy

All students need the skills and knowledge to take responsibility for managing their personal financial well-being with confidence, competence, and a critical and compassionate awareness of the world around them. In the 2020 math curriculum, there is focus on financial literacy learning in Grades 1 to 8, including understanding the value and use of money over time, how to manage financial well-being and the value of budgeting.

Students build their skills and knowledge about the value and use of money, how decisions impact personal finances, as well as develop consumer and civic awareness.

Students will:

- Learn how to manage finances responsibly, such as creating a budget to help save enough money to buy something they want such as a book, toy, or video game
- Begin to develop a greater awareness as consumers and contributors in the local and broader economic system

Wondering how you can support the development of your child's financial literacy skills at home? Check out some of these great tips and resources!

Tips:

- Find daily, real-world opportunities to talk about money in the contexts of earning, saving, spending, and giving
- Consider the financial habits you want to instill in your child, and talk about them
- Involve your child in making decisions about purchases for household items, and compare the costs of different items (e.g., we need to save money to repave the driveway so we're going to cut down on spending, do you have any ideas?)

Resources:

- Peter Pig's Money Counter, [Practicalmoneyskills.ca](https://practicalmoneyskills.ca)
- Financial Literacy Rocks, financialliteracy.rocks/financial-literacy-for-kids



Reporting immunizations

Parents/guardians are responsible for reporting their child's immunizations to public health to keep records up-to-date per standards of the Immunization of School Pupils Act (ISPA) ([ontario.ca/laws/regulation/900645](https://www.ontario.ca/laws/regulation/900645)) and the Child Care and Early Years Act ([ontario.ca/laws/regulation/150137#BK46](https://www.ontario.ca/laws/regulation/150137#BK46)). Please note, health care providers in Ontario do not automatically report immunizations to their local public health unit. Reporting and viewing immunizations is easy and can be done online.

To book a clinic appointment to receive a vaccine, visit: www.simcoemuskokahealth.org/Topics/Immunization/Clinics-and-Programs/Routine-Immunization-Clinics. For more information or questions, you can call Health Connection at 705-721-7520, or toll-free at 1-877-721-7520.

Information provided by the Simcoe Muskoka District Health Unit